

IN MY BLOOD

Shawn Mendes



Help me, it's like the walls are caving in

Sometimes I feel like giving up

But I just can't

It isn't in my blood

Laying on the bathroom floor, feeling nothing

I'm overwhelmed and _____, give me something

I could take to ease my mind slowly

Just have a drink and you'll feel better

Just take her _____ and you'll feel better

Keep telling me that it gets better

Does it ever?

Help me, it's like the walls are caving in

Sometimes I feel like giving up

No medicine is _____ enough

Someone help me

I'm crawling in my skin

Sometimes I feel like giving up

But I just can't

It isn't in my blood

It isn't in my blood

I'm looking through my _____ again, feeling anxious

Afraid to be alone again, I hate this

I'm trying to find a way to chill, can't _____, oh

Is there somebody who could help me?

It's like the walls are caving in

Sometimes I feel like giving up

No medicine is _____ enough

Someone help me

I'm crawling in my skin

Sometimes I feel like giving up

But I just can't

It isn't in my blood

It isn't in my blood

I need somebody now

I need somebody now

Someone to _____

I need somebody now

Help me, it's like the walls are caving in

Sometimes I feel like giving up

But I just can't

It isn't in my blood

It isn't in my blood, oh, oh

It isn't in my blood

I need somebody now

It isn't in my blood

I need somebody now

It isn't in my blood



LISTENING

🎧 First listening

Listen to the song and start drawing whatever comes to your mind and afterward add a title to your picture.

TITLE OF THE PICTURE



🎧 Second listening

Write everything you can understand:

🎧 Third listening

Complete the gaps. Once you have finished, check the lyrics with your teacher. How does the singer feel?

DESCRIBE A PICTURE

What can you see in the pictures?



What is Jake doing to chill?
What are his favourite activities to relax?



Would you like to be famous?
How would you feel in front of so many fans?

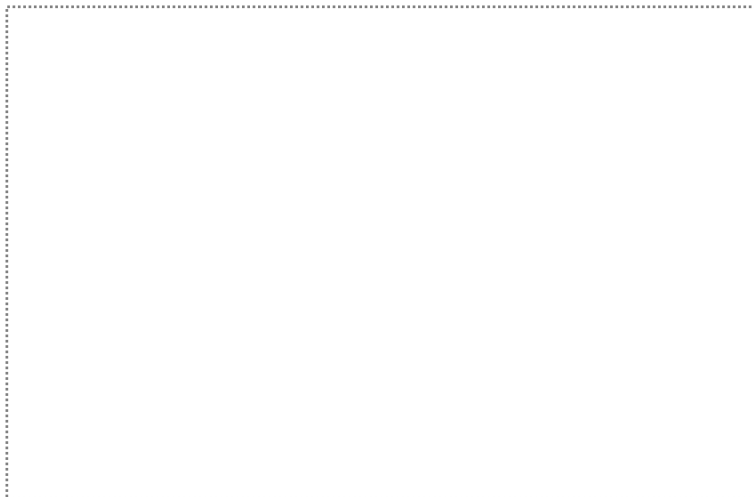
VISUAL VOCABULARY

Draw the following expressions.

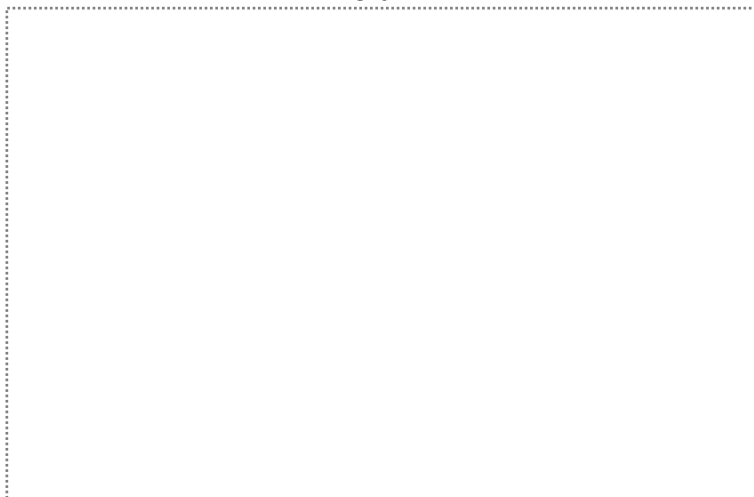
Give up



Feel anxious vs. chill



Crawl



SPEAKING

Discuss these questions with your classmates or teacher:

- Do you ever feel nervous/anxious? When and why?
- What helps you relax/chill?
- Do you ever ask for help if you don't feel well?
- Remember a moment in which you felt really calm and describe it.

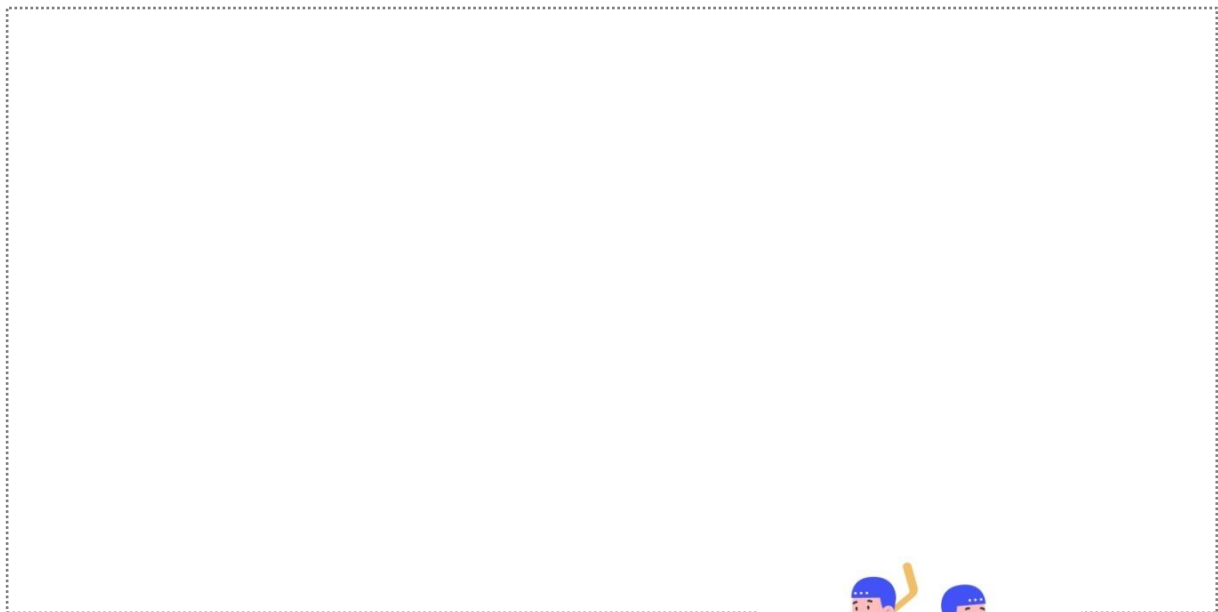
GRAMMAR**Feel like doing something**

Tell your classmates and teacher what you feel like doing right now and what you don't feel like doing and give reasons why.

E.g. *I feel like eating pasta because I'm hungry.*
I don't feel like doing so much homework.

DRAW AND TELL

Imagine you are famous. Draw yourself. Talk about your life as a celebrity.



PRONUNCIATION

Pronounce these words:

Blood
Through

Just
Overwhelmed

Help
Chill

Anxious

Now, listen to Shawn Mendes again and repeat the lyrics sentence by sentence trying to sound like him.

GAME

Mime a song

Think about a song and mime its lyrics so that your classmates can guess. Use as many gestures as you can but remember... You cannot talk or make sounds!

SEARCH THE WORDS

Search these 6 words. Tick the ones you know. The ones you don't know try to guess their meaning with your teacher or classmates.

Afraid

Mind

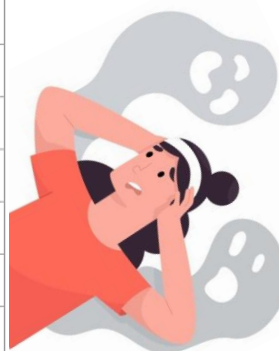
Crawling

Help

Feeling

Overwhelmed

L	C	I	A	C	R	A	W	L	I	N	G	V	N
B	G	O	F	G	A	B	W	N	B	A	H	H	H
D	N	A	H	D	A	F	S	V	E	A	P	N	A
A	L	L	L	P	F	C	E	A	I	V	P	P	D
R	E	I	L	D	I	F	I	E	R	E	D	F	H
N	D	M	I	N	D	D	H	A	L	C	P	F	H
A	B	C	G	R	N	L	H	A	F	I	E	H	N
H	A	A	P	A	D	I	A	R	F	A	N	D	D
F	M	V	N	I	D	S	E	W	C	O	F	G	W
M	A	R	S	F	D	I	A	F	A	N	H	V	A
P	L	E	H	W	I	F	N	S	O	F	F	A	D
R	A	L	M	D	F	R	H	W	S	O	G	D	V
I	L	N	I	M	W	L	L	L	P	F	N	I	H
S	L	O	V	E	R	W	H	E	L	M	E	D	D



SING IT LOUD!

Sing like Shawn Mendes

1. First, you will sing the song sentence by sentence. Don't worry if it is not perfect. Follow the rhythm and the melody. You can do it on your own or with your classmates.
2. Repeat the same clapping to the rhythm and then adding the lyrics.
3. Then, with the help of an instrument or karaoke, you can sing the first verse, then the chorus and finally the whole song if you want. To do it even better try to express the feelings openly like Shawn Mendes does.

It was cool, right?